

GLENDALOUGH SPINC AND GLENEALO VALLEY WALK - WHITE ROUTE

The Spinc ridge overlooks the spectacular Glendalough Valley. A tough climb is rewarded with breath-taking views not just of the Valley but as you climb high the vista over the Wicklow Uplands opens out around you.



Grade: Strenuous, route is marked with white arrows

Distance: 9km

Estimated time: 3hrs 30mins

Total height climbed: 380m

Highest point: 500m

Terrain underfoot: Rocky trail, boardwalk, forest roads

Suitable for: Well equipped with reasonable fitness

Notes: High mountain route, exposed to the weather, proper footwear & rainwear required, dogs on leads at all times, dangerous exposed cliffs - do not leave the trail.

SPINC AND THE WICKLOW WAY RED ROUTE

This walk follows the same route as the other Spinc trails up onto the boardwalk. It stays on this boardwalk for 1.7km before turning off in the direction of Lugduff Mountain. This Section of the trail is a good place to spot deer and birds such as Raven, Merlin and Kestrel. Finally, the trail links up with the Wicklow Way track to lead you back to the Information Office.

Grade: Strenuous, the route is marked with red arrows

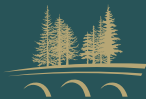
Distance: 11km

Estimated time: 4hr

Total height climbed: 490m

Highest point: 600m

Terrain underfoot: rough mountain tracks and forest roads



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